



# Devonshire Primary Academy

## P.E Policy



Implementation Date: September 2013  
Adopted by Governors/HT: HT  
Review period: 3 years  
Last review date: October 2017  
Person responsible for policy: L Whitelaw +  
A. Coldwell

## **POLICY DOCUMENT FOR PHYSICAL EDUCATION**

The teaching of P.E. in Devonshire Primary School provides special learning opportunities for our children. Children learn and develop different skills not only through physical activity but also through the way they learn to co-operate and interact with their peers. Learning through P.E. helps to enhance childrens' skills, fitness and above all confidence so making a valuable contribution to their overall education. It is the aim of Devonshire Primary Academy to provide comprehensive coverage of the National Curriculum for P.E. and to offer a variety of extra-curricular activities via the extended curriculum.

### **1. Aims**

In teaching P.E. we aim to: -

- a) develop physical co-ordination and confidence;
- b) promote the physical and psychological benefits of participation in aerobic activity whilst at school and throughout life;
- c) develop artistic and aesthetic appreciation within and through movement;
- d) help children develop socially through competition and co-operation between other individuals and groups;
- e) promote positive attitudes towards health and physical fitness and an understanding of the biological aspects of the body in relation to fitness and well being;
- f) provide equal opportunity for all pupils to reach their full potential, regardless of their race, gender, cultural background or physical ability.

### **2. How do pupils learn P.E?**

Physical Education is a very practical activity where pupils learn through first hand experience. In view of this, pupils should be physically active for a substantial majority of all their PE lessons.

It is the ethos of Devonshire Primary Academy that pupils are encouraged for their achievements and that all feedback is as positive as possible. Constructive comments are made to support pupils who are struggling to achieve. Through positive reinforcement children will develop the confidence to attempt, and thus develop their skills.

Teachers will need to plan tasks using a variety of teaching methods in order to provide a broad P.E. curriculum. It is imperative that there is a balance between

- grouped, paired and individual working,
- competitive and non-competitive activities,
- contact and non-contact sport,
- the development of skills and tactical understanding.

The P.E. Scheme of Work contains full details of the learning stages of PE and makes links with the National Curriculum. There are six different areas of activity prescribed by the National Curriculum Programmes of Study at Key Stage 2. These are Games, Gymnastics, Dance, Athletics, Swimming and Outdoor Pursuits. End of Key Stage Descriptions and the General Requirements should be applied to the areas of activity specified in the Programmes of Study for each Key Stage. The Programmes of Study should not be treated in isolation.

The P.E. Co-ordinator is responsible for the monitoring and implementation of the P.E. Curriculum and the management of P.E. resources including safety checks on apparatus. The P.E. Co-ordinator is also responsible for the preparation of the Schemes of Work. The Blackpool Scheme of Work is used at Devonshire Primary Academy and it is the class teacher's responsibility to adapt this as appropriate for his/her class. The P.E. co-ordinator is looking into Lancashire schemes of work.

### **3. Progression**

Physical Education involves the development of co-ordination, knowledge, skills and understanding through an inter-related process covering planning, performing and evaluating. Two other elements are important when considering progression. These are independence and interaction, which relate to pupils' personal, emotional and social development.

### **4. Assessment Recording and Reporting**

The P.E. co-ordinator is responsible for implementing assessment across the school. Resources and advice/support will be given to staff about how to level pupils. Teachers should assess achievement in physical education through observing ability groups of children, listening to children's answers, discussions and evaluations etc. The teacher should record evidence of progress and achievement in relation to the levels of attainment.

The learning objectives or outcomes identified in the Blackpool scheme of work can form the basis of pupils' assessment. The teaching/learning activities and the organisation of those activities must provide appropriate assessment opportunities.

Teachers should keep records of pupils who do not bring kit and after three occasions without kit, the parents should receive a text. Persistent non-kitters will attend 15 minute detentions at lunch time in the hall with the P.E. co-ordinator. Registers for extra-curricular clubs should be collected by the staff member responsible. Teachers will receive files with no kit logs, non-participant work, list of PE resources/equipment in school and location, assessment records and levelling information

When children attend out of school competitions, matches and events a certificate should be issued and presented in star of the week assemblies. Children may also be issued with a medal. Rewards in P.E. lessons/extra-curricular clubs can take the form of text messages sent home or comments to parents regarding a child's personal achievements/effort. This could include completing a series of lessons linked to a sports activity. Any photos/videos of children's achievements in P.E. lessons, competitions, matches, events and shows should be documented on the P.E. blog which will be maintained by the P.E. co-ordinator.

## **5. Planning for Differentiation**

Planning for differentiation should incorporate:

- a) pupil groupings, e.g. ability or mixed ability groups, or group, paired or individual activities;
- b) resources, e.g. different equipment for different levels of ability;
- c) pupil activity, e.g. different group tasks, different pupil roles and responsibilities, different allocations of time and variations of pace within the lesson to meet the needs of different levels of ability;
- d) other opportunities, e.g. extra-curricular activities, club links and interest groups, for the development of excellence.

Differentiation by task is achieved when pupils who are pursuing the same part of the Programmes of Study are given a range of different but related tasks according to their levels of ability.

Differentiation by outcome is achieved by setting tasks which are suitable and appropriate for all the pupils starting level and which allow the more able pupils to be challenged.

Pupils of low ability will need constant reassurance and patience to help improve their confidence.

Whilst the teacher may tactfully group pupils by ability, they should never ask pupils to pick teams. This can be a humiliating experience for the pupils who are picked near the end and reinforces their feelings of failure and inadequacy.

Teachers written plans will be monitored by the P.E. Co-ordinator who will also provide support where necessary.

## **6. Facilities and Resources**

### (i) Indoor facilities

The hall is timetabled for fair distribution throughout the school.

### (ii) Outdoor facilities

All outdoor P.E. lessons are conducted in the MUGA area on spongy surface. There are also markings on the Zoneparc which may be incorporated into P.E. lessons.

The surrounding railings and walls offer little as barriers if balls are overhit during lessons. It is not uncommon for both small and large balls to land in the surrounding areas. On occasions a ball may find its way on to Devonshire Road. Children must not be asked to retrieve a ball from this area and only a member of staff may do so.

## **7. Sports Days**

Year group Sports Days are held in the playground using a multi-event approach. Every child in the school has the opportunity to participate in each event as the member of a team. Points are awarded according to team finishing positions. In the interests of fair play staff should make every effort to select team members to ensure a balance of talents in each team.

## **8. Swimming**

Swimming lessons take place at Palatine Swimming Pool where Year 5 attend weekly lessons in ability groups. Current policy allows Year 4, Year 5 and Year 6 to attend the pools. Lessons are organised and supervised by the pool instructors. Teachers accompanying the children do not teach swimmers, but accompany the children onto pool side. A swimming policy is also in place. All adults who attend must have attended poolside awareness training and be aware of the procedures.

## **9. Off Site Opportunities**

Stanley Park - There is a complete set of laminated orienteering maps covering all three courses in Stanley Park. These are available from the P.E. Co-ordinator.

## **10. Activity Holidays**

Year 6 children will be given the opportunity to participate in an activity holiday. Consideration is given to the variety of activities offered, the expertise of the centre staff, the suitability of the accommodation and the cost.

## **11. P.E. Kit**

Because of the very vigorous nature of P.E. participants need to change out of their everyday clothing into appropriately clean sweat absorbent gear that provides freedom of movement and when necessary, some protection from the weather.

Standard P.E. kit is as follows: -

- White short sleeved T-shirt
- Blue shorts
- Pumps

Pumps are suitable for both indoor and outdoor activity. Light trainers may only be worn outside. It is perfectly safe for children to work in bare feet in the hall.

However they must wear suitable footwear during transfer from class to where the lesson is to take place. Heavy footwear should be avoided as it leads to careless footwork/injuries, marks floors and often brings in grit and dirt.

During the colder months children may wear extra clothing when working outside. A sweatshirt and jogging bottoms would be acceptable. Shiny materials should be avoided and beware the zip which may scratch or burst.

### **Jewellery**

In the interests of safety to all participants ALL ITEMS OF JEWELLERY are removed for PE. Ideally children should leave their jewellery at home on P.E. days. If any item of jewellery cannot be removed then it may be covered by a plaster. The plaster should be provided and applied only by the child. It is not schools responsibility to supply plasters and under no circumstances must the teacher or another child either remove jewellery or apply plasters. It should also be noted that teachers are not responsible for looking after children's valuables during PE activities.

### **12. Swimming**

If jewellery cannot be removed then a child may not swim. Applying a plaster is not an option as this will soon come off in the water creating a potential health hazard.

### **13. Hair**

We do not want hair falling all over the place during gymnastics or mouths full of hair in the swimming baths. Safety and hygiene requires that hair that is long enough to be tied back is taken back off the face. This applies to both sexes. During swimming, children whose hair covers their eyes or is long past their ears should use a swimming hat. All girls should wear a suitable swimming hat and should be taught how to put this on independently.

### **14. Hygiene**

A change of clothes and footwear after the activity is essential. For some children changing can be a difficult experience and teachers need to be sensitive to such situation. As children mature the need for separate changing facilities will need to be addressed. Until Year 6 all children change in the classroom under the supervision of the teacher. However Year 5 and 6 children should be segregated for changing and individual class teachers are responsible for making appropriate

arrangements, bearing in mind that children should be supervised at all times. Key Stage two children have use of the changing rooms situated next to the hall for PE lessons in the hall.

## **15. The Extended Curriculum**

The children have several opportunities to participate in after school sports clubs and represent the school in sporting fixtures against other local schools. These activities include football, cricket, netball, athletics, cross-country, swimming and gymnastics. Other activities provided by outside organisations are advertised in school.

Transport is often required when children are representing school. The member of staff responsible for the team should ensure that this transport is safe, supervised and insured for the carrying of children. If taxis are used a member of staff must accompany children. Parents may only take their own children to after school events for insurance reasons.

Whilst the majority of extra curricular activities are supervised by staff we are fortunate that in some instances parents or friends of the school may run clubs. It is essential that a member of the teaching staff is present at all times to supervise the activity.

## **16. Registers**

Staff should keep a separate record for swimming and P.E. noting the following:

- who has been present
- who was absent
- who came without kit
- if any incidents occurred.

## **17. Reports**

Written comments need to:

- reflect the positive achievements
- recognise personal qualities
- reflect success in curriculum time
- mention extra curricular activities



## **18. Non-participants**

It is intended that all pupils will take part in P.E. If children are fit enough to attend school they should be able to participate in P.E. activities. However there will be exceptions:

- certain medical conditions may prevent participation. A doctors note is needed to establish whether the pupil can or cannot participate in vigorous exercise.
- genuine parental concern. A personal note from a parent/guardian is required to notify the teacher of a particular reason for non-participation.

In the event of non-participation arrangements should be made for children to go to another class with enough constructive work to keep them occupied for the period of the P.E. lesson. When this is inconvenient non-participant work should be given out or other roles such as giving out or collecting in equipment.

In the event of pupils not being able to participate simply because they have no kit then kit may be provided from the relevant year groups spare kit box. There are some spare pumps but in the event of no appropriate footwear the contingency does not accommodate children who have no appropriate footwear for outdoor activities. They must not wear ordinary shoes.

## **19. Wet weather alternatives**

On occasions the weather may cause P.E. to be cancelled. Should this occur the normal P.E. time should be used for class based activities.

- work cards
- sports quizzes
- rules and tactics
- design your own fitness diary
- research into different sports
- reviewing safe practice with the children
- health related fitness
- sports stacking
- review of the work done already.

The timetabled time should not be lost from P.E.

Each year group has been provided with a bank of activity ideas.

## **20. Injuries**

Injuries will occur in P.E. simply because children are active. Staff need to be clear about following correct procedure.

- (i) Stop all activity immediately and sit the rest of the group down and ask them to be quiet.
- (ii) Assess the injury. The majority of injuries are minor and will require little other than a brief period of rest. Should the injured pupil need water to soothe an injury then send them to the changing room toilet in the presence of a responsible pupil. If you feel the injury is more serious ask a pupil to go to the general office and request that a member of staff with First Aid qualifications attends quickly.

With the ever increasing opportunity to enjoy P.E. away from school due consideration must be given to providing First Aid equipment at all time. A First Aid box should be readily available during school fixtures; e.g. football matches, Town Sports, and medical equipment/asthma inhalers should also be taken to such events. A serious injury may occur during such activities which may require qualified assistance. It is advisable that at least two members of staff attend each sporting fixture so that one can be designated to find help in the event of an emergency. The teacher in charge will need to decide upon the appropriate action to take. It is strongly recommended that a list of contact numbers for parents is readily available, particularly if the event is taking place outside normal school hours. In the event of an injury taking place the appropriate forms must be completed and the details recorded.

During O and A activities groups should consist of at least 3 children so that in the event of an injury to one member of the group there is 1 child free to seek help whilst the other remains with the injured party.

## **21. Annual Events**

There are many P.E. events staged during the school year both in normal curriculum time, after school and at weekends. In every case parental consent should be sought if children are to be taken out of school. Where possible parents should be advised of dates well in advance via the Devonshire Diary and ipad calendar system as well as the standard letter sent home with the children. Without the co-operation of many parents it would be difficult if not impossible to run extra curricular activities and sound lines of communication are essential if we are to maintain this co-operation.

## **22. Equal Opportunities**

It is the responsibility of all teachers to ensure that all pupils, irrespective of gender, ability, ethnicity and social circumstance, have access to the curriculum and make the greatest progress possible. Please refer to the school Equal Opportunities Policy.

## **23. S.E.N.**

All pupils will have access to a broad, balanced curriculum which includes P.E. The provision for pupils with S.E.N. in P.E. is the responsibility of the class teacher in consultation with S.E.N. co-ordinator where appropriate. Please refer to school S.E.N. Policy. Sports ability training has been attended and resources distributed to staff and S.E.N. co-ordinator.

## **24. Community Links**

- Fit to Go (aimed at Year 4 children)
- Blackpool Football Club
- Links to Aspire – Using their outdoor facilities for different afterschool clubs
- Links to Montgomery (Year 5 Monty Olympics and Year 3 Cheer competitions), Collegiate and Bispham High School for dance and PE opportunities.
- Festival of dance held this year at the Tower in December 2013 (theme this year is the Olympics).
- Schools Alive at the Grand theatre in February every year (performing arts theme including dance).
- Rugby coaching Year 5/6- Dan (links with local police and PCSO's)
- Other links with emerge throughout the year with coaches