

Home Learning

Below are some websites which provide free games and activities for children in each Key Stage.

Children in years 2 – 6 can also access TT Rockstars using their individual logins. This is a great game for practising number bonds and times tables and should be done daily.

Twinkl are offering free parent accounts which can be found at;

<https://www.twinkl.co.uk/resources/parents>

<https://www.twinkl.co.uk/offer> (Parent Code - PARENTSTWINKLHELPS)

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html> Joe Wickes (Body Coach) will be holding live PE workouts on his You-Tube channel at 9:00am each day.

EYFS (Pre-School & Reception)

Maths

<https://www.bbc.co.uk/cbeebies/shows/numberblocks>

<https://www.bbc.co.uk/cbeebies/topics/numeracy>

<https://www.topmarks.co.uk/Interactive.aspx?cat=1>

http://www.familylearning.org.uk/counting_games.html

English

<https://www.topmarks.co.uk/Interactive.aspx?cat=38>

<https://www.bbc.co.uk/cbeebies/shows/alphablocks>

http://www.familylearning.org.uk/phonics_games.html

<https://www.phonicsplay.co.uk/>

<https://www.oxfordowl.co.uk/> (Username: dpy2 Password: reading)

KS1 (Year 1 & 2)

Maths

<https://www.topmarks.co.uk/Interactive.aspx?cat=8>

<http://www.crickweb.co.uk/ks1numeracy.html>

<https://www.bbc.co.uk/bitesize/subjects/zjxhfg8>

<https://www.topmarks.co.uk/maths-games/hit-the-button>

English

<https://www.topmarks.co.uk/Interactive.aspx?cat=40>

<http://www.crickweb.co.uk/ks1literacy.html>

<https://www.bbc.co.uk/bitesize/subjects/zgkw2hv>

<http://www.ictgames.com/littleBirdSpelling/>

<https://www.phonicsplay.co.uk/>

KS2 (Year 3,4,5 & 6)

Maths

<https://www.topmarks.co.uk/Interactive.aspx?cat=20>

<http://www.crickweb.co.uk/ks2numeracy.html>

<https://www.bbc.co.uk/bitesize/subjects/z826n39>

<https://www.topmarks.co.uk/maths-games/hit-the-button>

English

<https://www.topmarks.co.uk/Interactive.aspx?cat=46>

<http://www.crickweb.co.uk/ks2literacy.html>

<https://www.bbc.co.uk/bitesize/subjects/zv48q6f>

<http://www.ictgames.com/littleBirdSpelling/>

https://rossa.blogs.com/weblog/files/sats_spelling_practise.pdf

<https://www.oxfordowl.co.uk/> (Username: dpy2 Password: reading)

Mindfulness and Well-Being

The following web links have been provided to us by Headstart at Blackpool Council.

www.place2be.org.uk<<http://www.place2be.org.uk>>

www.headstogether.org.uk<<http://www.headstogether.org.uk>>

www.samaritans.org<<http://www.samaritans.org>>

www.minded.org.uk<<http://www.minded.org.uk>>

www.literarytrust.co.uk<<http://www.literarytrust.co.uk>>

www.calm.com<<http://www.calm.com>>

www.headspace.com<<http://www.headspace.com>>

<https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/>

<https://www.unicef.org/coronavirus/covid-19>

<https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/>

<https://www.fcwa.co.uk/fylde-coast-womens-aid-coronavirus-statement/>

Free Websites and Apps to support with...

Mindfulness and Keeping Active



Smiling Mind

Short audio sessions to help with mindfulness.

<https://app.smilingmind.com.au/>



Cosmic Yoga - YouTube

Yoga videos designed for kids aged 3+

www.youtube.com/user/CosmicKidsYoga



BBC Supermovers

Interactive videos to support with KS1 and KS1 Maths, Literacy and PSHE and PE learning. Great for times tables—as well as videos that are 'just for fun'.

www.bbc.co.uk/teach/supermovers



Go Noodle—YouTube (More videos on their own website)

Hundreds of 'brainercise', dancing, strength and mindfulness videos—as well as videos that are 'just for fun'.

www.youtube.com/user/GoNoodleGames/featured



Premier League Stars

Videos and activities to support with Maths, Literacy, PSHE and PE.

www.plprimarystars.com



Newsround

Keeping children up to date with the world around them—creating opportunities to talk about the news with children.

www.bbc.co.uk/newsround



Free Websites and Apps to support with...

Phonics and Early Reading



Phonics Play

www.phonicsplay.co.uk/freeIndex.htm



Phonics Bloom

www.phonicsbloom.com/



Letters and Sounds

www.letters-and-sounds.com/



Cheebies—Alphablocks

www.bbc.co.uk/cheebies/shows/alphablocks

Highly recommended!



Teach Your Monster to Read (Website is free. Paid App)

www.teachyourmonstertoread.com/



Oxford Owl

www.oxfordowl.co.uk/



Teach Handwriting—Cursive Practise

www.teachhandwriting.co.uk/index.html



Vooks—Storybooks Brought to Life

www.vooks.com/



Scholastic—Classroom Magazines

www.classroommagazines.scholastic.com/support/learnathome.html



Spelling Shed (Paid App or Free with School Subscription)

www.spellingshed.com/en-gb

Free Websites and Apps to support with...

Maths and Science



TopMarks

www.topmarks.co.uk/

← A great bank of interactive games!



Dragon Box (Paid App)

www.dragonbox.com



Bee Bot App for Computing (Free App)

<https://apps.apple.com/gb/app/bee-bot/id500131639>



Times Table Rockstars (Paid App or Free with School Subscription)

<https://trockstars.com/>



Cheebies - Numberblocks

www.bbc.co.uk/cheebies/shows/numberblocks



Explorify for Science

www.explorify.wellcome.ac.uk/



ICT Games—For Literacy and Maths

www.ictgames.co.uk/



Prodigy Maths (Free App)

www.prodigygame.com/

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100 Things to do indoors

www.spreadthehappiness.co.uk



1. Make non-cook playdough, then have a Dough Disco
2. Paint 'our families' portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga www.roberttrivest.com
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke
11. Send a video message to family and friends to get them busy
12. Have a birthday party for a pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you are on the moon



21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Make cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together and make a bus, play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a crunched up paper fight (from recycling)
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Make a pretend car from boxes/furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Have a pirate adventure, make boats from boxes or furniture
39. Blow bubbles and catch them
40. Make a number frieze for the wall, decorate



41. Read Pirate George series available on Kindle
42. Make a papier mache sculpture over a balloon
43. Keep a balloon up in the air game
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a card game
48. Make smoothies
49. Perform a puppet show
50. Make shadow puppets
51. Make finger/sock puppets
52. Choreograph a dance or learn a dance routine
53. Have an upside down meals day, lunch for breakfast etc.
54. Learn a sing-along for Spread the Happiness TV
55. Learn to cook something new
56. Learn Brilliant Beast Song on Spread the Happiness TV YouTube Channel
57. Leave happy notes all around the house
58. Make a fitness routine and put your family through their paces
59. Using vegetables, make characters
60. Dance and sing to Knees up Mother Brown



61. Play I spy
62. Open your windows and sing out a song
63. Learn Days of the Week Song
64. Play musical statues
65. Learn a Beatles song
66. Learn a Queen song
67. Make an indoor restaurant and serve your family
68. Have a toy's tea party
69. Roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a gigantic spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum your home
75. Polish your home
76. Fold up sheets
77. Use a sheet as a parachute to fluff up and hide under and play parachute games
78. Make binoculars with toilet rolls and look out the window at the birds
79. Make yoghurt pot telephones
80. Make a junk model rocket as large as you can



81. Create a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up your stairs like it is a mountain, so so high
84. Roll around a large space in your home
85. Hop around like a bunny
86. Learn to play sleeping bunnies
87. Learn and act out 5 Little Monkeys
88. Find as many collections of 10 things in your home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam in your hands
92. Make a scrap book of your favourite things, people
93. Play Jack in the Box in a large cardboard box
94. Have a themed party
95. Stay up late to look at the stars with a night time picnic
96. Play apple bobbing
97. Jump on the bed
98. Bash a pinata
99. Do coin rubbing with paper and crayons
100. Play pass the parcel



www.spreadthehappiness.co.uk

Family Zone

Communications pack

Introduction

This communications pack includes social media assets, sample social media posts and draft newsletter copy to promote the National Literacy Trust's Family Zone. Please feel free to adapt the messages and content for any other external and internal communication channels.

For more information please email Rachel Malic, Family Zone Content Manager, on: rachel.malic@literacytrust.org.uk.

About Family Zone

In response to school closures across the UK, the National Literacy Trust launched a free online zone for parents seeking ideas and guidance for activities that will engage their children at home, whilst also benefiting their reading, writing and language development.

Family Zone [literacyfamilyzone.org.uk], supported by KPMG, brings together some of the UK's most exciting literacy resources and activities in one place. Families can access engaging reading and writing activities, book lists, videos, audiobooks, apps, competitions and reading challenges, curated for early years to early teens, with a 13+ section launching in May.

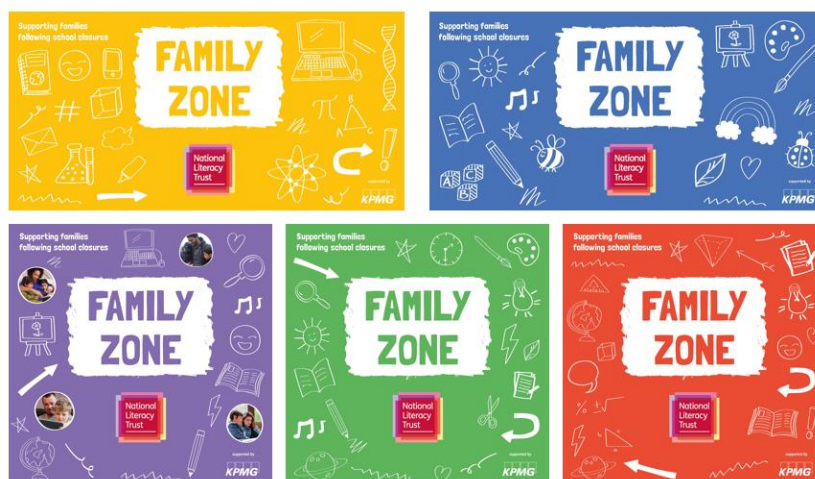
Brand new activities are added to Family Zone every week, including an author of the week with access to a free book and exclusive content! 65,000 families visited Family Zone in its first month.

Assets

Here are some assets you can share across your digital communication channels when promoting Family Zone. They are available in five colours and have been sized for Twitter and Instagram.

All assets are available for download from DropBox:

www.dropbox.com/sh/8o6t8o9vys8fdvb/AABr7-27bDWa0mpROX6WIRYga?dl=0



Social media

Below are some suggested posts for Twitter, Facebook, LinkedIn and Instagram to help promote the Family Zone. Please feel free to adapt them for your purposes and audiences.

Please use the hashtag **#FamilyZone** when posting on social media about Family Zone.

Suggested Twitter posts

- **Have fun with your kids at home with free, exciting reading and writing activities that will also help them learn from @Literacy_Trust's #FamilyZone literacyfamilyzone.org.uk**
- Supporting your kids' learning at home? @Literacy_Trust has you covered. Visit #FamilyZone for fun activities to entertain your kids and improve their reading and writing skills! literacyfamilyzone.org.uk
- Running out of ideas for #homelearning? Check out @Literacy_Trust's #FamilyZone for free daily resources to help you support your child during school closures literacyfamilyzone.org.uk
- @Literacy_Trust's new #FamilyZone is helping thousands of families learn at home during school closures. Check out their exciting line up of featured authors! literacyfamilyzone.org.uk
- Check out the @Literacy_Trust's #FamilyZone for free books, exclusive videos and exciting activities from different children's authors and illustrators every week! literacyfamilyzone.org.uk

The National Literacy Trust is on Twitter: **@Literacy_Trust**

Suggested Facebook posts

- Supporting children's education at home can be overwhelming for parents. There are so many resources available – how do you know where to start? Just head over to the National Literacy Trust's Family Zone, which collects lots of great activities, access to free books, websites, apps, videos and resources in one easy-to-navigate place. You'll find plenty of great ideas to keep children happy and busy! literacyfamilyzone.org.uk
- Supporting children's learning from home can be a challenge for many families, but the National Literacy Trust is here to help! Visit their Family Zone for a range of fun literacy resources, videos and apps. It's updated regularly, so you'll never run out of ideas! literacyfamilyzone.org.uk

The National Literacy Trust is on Facebook: facebook.com/nationalliteracytrust/

Suggested Instagram posts

- School closures can be a challenge for parents and carers, but don't worry! @literacy_trust's new #FamilyZone is helping thousands of families support their children's learning at home. It's full of free resources, activities and an exciting line up of featured authors, all updated regularly. Check out their Insta for details!

- Supporting your kids' education at home and running out of ideas? Check out the National Literacy Trust's #FamilyZone for plenty of great ideas to keep children happy and busy! It's constantly updated with exciting new resources for supporting your child's learning at home during the school closures. Head over to @literacy_trust for more info.

The National Literacy Trust is on Instagram: [@literacy_trust](#)

Suggested LinkedIn posts

- In response to school closures, the National Literacy Trust's Family Zone has been providing parents and carers with helpful multimedia resources and free books. There's plenty of inspiration for helping children learn at home, with new content added all the time. Please share with anyone you think might need it! literacyfamilyzone.org.uk
- School closures are a huge challenge for many parents and families. The National Literacy Trust has created Family Zone to help parents and carers support their children's learning at home with fun resources, videos and apps: literacyfamilyzone.org.uk

The National Literacy Trust is on LinkedIn: linkedin.com/company/national-literacy-trust

Newsletter copy

Here is some draft copy that can be used in your internal and external newsletters.

[30 words]

Have fun with your children at home with free, exciting literacy activities and resources that will also help them learn, from our friends at the National Literacy Trust. Visit Family Zone: literacyfamilyzone.org.uk.

[50 words]

Family Zone from the National Literacy Trust is a free online portal to support parents during school closures, packed with exciting literacy activities and free books and resources to keep kids entertained and support their literacy at home. Visit literacyfamilyzone.org.uk to enjoy author exclusives, reading and writing activities, competitions and more, for early years to teens.

[100 words]

In response to school closures across the UK, the National Literacy Trust has launched a free online zone for parents seeking ideas and activities that will engage their children at home and benefit their literacy.

Family Zone brings together some of the UK's most exciting literacy resources and activities in one place. Families can access engaging reading and writing activities, author exclusives, book lists, videos, audiobooks, apps, competitions and more, curated for early years to teens. Brand **new activities are also being added every week.**

Visit literacyfamilyzone.org.uk to explore.